

# 5K/10K HELP SUPPORT

Lutheran Military Veterans and Families Ministries  
*we invite you to participate in this year's*

## BATTLE RATTLE RUN 2024

9:00 AM  
Shotgun Start

Saturday,  
November 2, 2024

Where: St. John's Lutheran Church  
7914 W. Cook Road  
Fort Wayne, IN 46818

Changing Footprints will be accepting  
donations of your unneeded shoes,  
of any type or condition.



5K/10K  
RUN WALK

### Registration Cost:

Individual \$30.00 pre-registered • \$2.00 discount for FWRC  
\$5.00 discount for military • \$5.00 per child (ages 12 and younger)

*Registration is Non-Refundable*

Awards will be given for the following categories

1st place overall female and male

Age group awards to top female and male in the following:

0-13 14-19 20-29 30-39 40-49 50-59 60-69 70-79 80+

### Packet Pick Up

Will be morning of the race from 7:30 am to 8:30 am at St John's Lutheran Church  
You can register at packet pick up but a shirt is not guaranteed.

LMVFM Office: **260.755.2239**

Sign Up go to: [www.lmvfm.org](http://www.lmvfm.org) or for easy access scan the QR code



# Attention to Orders

Lutheran Military Veterans & Families Ministries (LMVFM) provides free care, counseling, programs and services to military veterans, contractors and their family members.

What separates LMVFM from the VA, and many other well-known military support charities is that:

- LMVFM has never turned away any veteran, contractor of their family members for any reason.
- All LMVFM programs and services are FREE to our clients.
- LMVFM is first and foremost a Christian ministry.

As a Christian ministry, LMVFM does not accept or receive any local, state or federal government support, funds or assistance. Our funding comes from ministry partners, individuals, churches, groups, organizations and LMVFM training programs and fundraising events.



**Please contact us at:**

**Lutheran Military Veterans and Families Ministries, Inc**

3480 Stellhorn Rd.

Fort Wayne, IN 46815

260.755.2239

[www.lmvfm.org](http://www.lmvfm.org) • [lmvfm.org@gmail.com](mailto:lmvfm.org@gmail.com)

Lutheran Military Veterans and Families Ministries is a Tax-Exempt Faith Based 501(c)(3) nonprofit ministry